



My Road to Recovery!



My family before
the accident









My month of rest!



Son, Daylan
almost 2 years old



Daughter, Denisha
5 years old





Well developed
balance and vestibular
system functioning at
prime level!

Wesley Rehabilitation Hospital



Rehabilitation Institute
of Chicago







ME!

Myself as a dance teacher





My
daughter

The Winnipeg Afro-Caribbean Dance Group



The Caribbean Connection Saskatoon Group

I will not let you be tested
beyond what you can
endure

Pray unceasingly

Faith to believe the
impossible can be done

Your worries cannot add a
single minute to your life

A relaxed attitude
lengthens one's life

I will answer you before you call;
I will listen while you speak

I can do all things through
Christ who strengthens me

Be joyful always,
Pray continually,
Given thanks in all
circumstances

Peace that passes all
understanding

They had great joy
because God used them

Cast all your cares on Him
because He cares for you

Sometimes it takes awhile for
God to heal you so that you
don't go back to the way you
were, and you keep relying
on Him



Jamaican Cooking!





12 months later,
Back on Stage!



Sandra's
Foot!



The Arc Church





Multiple scars 😞



My beautiful daughter now
with no scars!

7 months later, home and back to family



